

THE CITY OF NEW YORK BRONX COMMUNITY BOARD 6

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Honorable Ruben Diaz Jr., Bronx Borough President

MS. WENDY RODRIGUEZ Board Chairperson MR. JOHN SANCHEZ District Manager

Senior Citizens Outreach Committee Meeting Minutes Thursday, March 16, 2017 Virginia Bird, Committee Chairperson

The Senior Citizens Outreach Committee met on March 16, 2017 at the Bronx Community Board #6's district office. The following members were present: John Sanchez, Jannie Armstrong, Evonne Capers, Claudette Coles, Diana Diaz, April Hurley, Sara Nunez-Mejia and Rosa Peraza

The following items were discussed:

 Presentation by Rosalinda Bracero, Case Manager, Regional Aid for Interim Needs, Inc. presenting on the Geriatric Workforce Enhancement Program (GWEP)

The Geriatric Workforce Enhancement Program (GWEP) Health Resources and Services Administration (HRSA) grant designed to promote wellness and health aging among Bronx older adults. Ms. Bracero informed us that they are currently recruiting 60 community members to be part of the Bronx Health Corps project intended to educate 1500+ Bronx seniors on a range of health topics. The primary role of a Bronx Health Corps volunteer is to educate Bronx older adults on asthma management, living with Alzheimer's disease, healthy heart, and diabetes management. Volunteers will then selected one of the mentioned topics and then receive training on that that topic. This training will equip the volunteers to provide education sessions for older adults at a Bronx-based senior center or community site. The material is designed to be engaging, interactive and fun. Prior knowledge on these topics is not required.